Hours of Operation

CLOSED MONDAY AND TUESDAY WEDNESDAY - FRIDAY • 11AM - 7PM SATURDAY • 9AM - 6PM SUNDAY • 9AM - 3PM

All Cedar Spa guests are required to have a card on file in order to schedule an appointment on Wednesday – Sunday. If the guest does not show up for appointment without a 24-hour notice of cancellation, the guest card on file will be charged a \$30 service fee for the loss of time to the service provider. If the card on file is not active in no-show circumstances, a \$30 fee will be required before service can be scheduled for the next time the guest wants to get into the Cedar Spa.

Spa Anival & Stignette

We recommend that you arrive 15 minutes before your first scheduled appointment. All valuables should be locked in a locker. For the respect of all guest privacy, we ask that cellphones and other electronic devices be turned off. No children under 16 years of age are allowed past treatment area due to all guests' privacy.

Health Matters

Communication with your therapist is very important. Please inform us of any health conditions at the time of booking. You will be asked to fill out a medical history form upon arrival, so your spa professional can customize your experience to your needs.

Sanna

Spa Attine

The Sauna at the Cedar Spa is complimentary to spa guests with a paid service. The Sauna is available to hotel guests and the general public for \$15.

You will receive a robe and slippers to wear during your spa experience and a locker for your personal belongings. However, undergarments may be worn during treatments for your comfort.





208.238.4850



Massages SIGNATURE STONE CROP MASSAGE

(Not a hot stone massage. Please see Ultimate Lava Shell Massage if interested in a hot stone.)

Our signature Swedish massage with our stone crop and arnica oils from our Eminence[®] products. The massage is given slow and gentle using light to firm pressure to help relax, hydrate and rejuvenate your body.

55 min • \$100 | 85 min • \$130 | 115 min • \$160

DEEP-TISSUE THERAPEUTIC MASSAGE

(Recommended if you're looking for more focused work.) Customized to each guest's needs, this is a deep-pressure massage used to help with pain management, including but not limited to helping ease chronic muscle pain, sciatica, fibromyalgia, muscle knots, etc. Includes Deep Blue® essential oil.

55 min • \$110 | 85 min • \$145 | 115 min • \$175

ULTIMATE LAVA SHELL MASSAGE

Using traditional relaxation strokes of a Swedish massage, our therapist uses polished tiger-clam shells (in lieu of hot stones) from the Philippines for a warm, soothing experience.

75 min • \$135 | 115 min • \$235

MOTHER-TO-BE MASSAGE

(1-12 weeks must seek doctor's approval before receiving massage.) Full-body massage specifically designed for mothers-to-be who are seeking comfort and relaxation during pregnancy.

55 min • \$90

AROMA TOUCH MASSAGE

Very light/gentle massage using eight different essential oils and blends to elevate mood and to help promote relaxation, stress relief and immune support.

55 min • \$95

SPORTS MASSAGE

Choose between pre-sports or post-sports massage. Benefits include prevention of sports injuries, reduction of muscle fatigue, improvement of endurance and recovery of soreness after sporting events.

25 min • \$35

Massage Enhancements ESSENTIAL OIL · \$10

ESSENTIAL OIL • \$10 CBD HYDRATING/WARMING OIL • \$25

Body Treatments STONE CROP HYDRATING WRAP

STONE CROP HYDRATING WRA 55 min • \$110

HIMALAYAN FOOT DETOX · \$25

Wind down and relax in our relaxation room with your feet kicked up on our Himalayan Salt Dome. Will help improve circulation and relaxation, reduce swelling, reduce stress and detoxify the body through your feet, all within 15 minutes.

Body Enhancements CELLULITE TREATMENT · \$25

Couple's Spa Packages

SIGNATURE HONEYMOON PACKAGE

Two signature Stone Crop Massages with foot scrub and steamed towel treatments. Served with your choice of a bubbly beverage. **70 min • \$215**

HONEYMOON SAMPLE PACKAGE

Two 30-minute signature massages, two 30-minute mini-facials and two 30-minute mini-pedicures. Served with your choice of a bubbly beverage and a light lunch. *135 min* • \$320

ULTIMATE HONEYMOON PACKAGE

Two 75-minute Ultimate Lava Shell Massages and two 50-minute Age Corrective Facials. Served with your choice of a bubbly beverage and a light lunch. *125 min* • **\$425**

Single Spa Packages (for one person)

CEDAR SPA SINGLE'S PACKAGE Signature Stone Crop Massage with a hand facial. Served with your choice of a bubbly beverage. **100 min • \$125**

CEDAR SPA SAMPLE PACKAGE

30-minute Signature Stone Crop Massage, 30-minute facial, and 30-minute seasonal pedicure or manicure. Served with your choice of a bubbly beverage. **125 min • \$150**

ULTIMATE CEDAR PACKAGE

75-minute Lava Shell Massage and 50-minute Age Corrective Facial. Served with your choice of a bubbly beverage and a light lunch. **125 min • \$220**



AGF-CORRECTIVE

Brighten, tighten and refine with the most effective and delicious organic technologies. This treatment includes a refining and renewing treatment using Arctic plants and actives that will leave your skin glowing for days to come. The best organic, anti-aging ingredients are implemented to rewind time and leave your skin feeling and looking younger.

55 min • \$89

BRIGHT & HYDRATED

This treatment is effective at refining, brightening and leaving the skin nourished and hydrated. A delicious pumpkin enzyme will refine and brighten the skin. Enjoy a relaxing facial massage and a hydrating creamy mask to plump, refine and leave skin alowina.

55 min • \$89

ADVANCED CLEAR SKIN

Clear and balance the skin with this effective clearing and healing treatment. A gentle salicylic acid treatment is used to clear pores and refine skin while preventing future breakouts. Skin is then treated with an active clearing clay mask and rehydrated with a nourishing strawberry mask to heal and hydrate.

50 min • \$79

CHOCOLATES & BERRIES FACIAL (HOT) · \$99

Get glowing skin and soft, plump lips. This treatment includes a deep cleanse, warm stimulating exfoliation, a decadent and delicious strawberry and chocolate mask, and a pucker-perfect lip treatment to give you that perfect kisser you've been dreaming of. Your complexion will be left smooth, hydrated and glowing for days to come.

PUMPKIN BERRY SPICE PEEL & REVEAL (HOT) • \$99

(Recommended for sun-damaged, aging skin types.)

Peel and reveal radiant, youthful, flawlessly smoothed skin. Cinnamon and cranberries tighten, tone and increase vitality. Yam and pumpkin enzymes erase damage and uneven skin tone from the summer season, while cranberry and pomegranate impart incredible antioxidant, protective properties to prevent further damage.

SIGNATURE HYDRAFACIAL® • \$199

HYDRAFACIAL® CLARIFYING • \$224

(Recommended for problem/acne-prone skin.)

HYDRAFACIAL® DELUXE • \$249

Includes one booster of Britenol[™] for brightening dark spots and sun spots, DermaBuilder[™] for age refinement that enhances skin elasticity, and CTGF[™] for fine lines and wrinkles that brings skin back to its youthful state.

HYDRAFACIAL[®] PLATINUM • \$325 Includes lymphatic drainage, your choice of booster and LED light therapy

HYDRAFACIAL® SERIES OF 4 (10% Off) · \$716 HYDRAFACIAL[®] SERIES OF 6 (15% Off) • \$1,015 HYDRAFACIAL® SERIES OF 12 (25% Off) • \$1,791

Facial Enhancements

With enhancements, plan on spending a little more time with us.

EYELASH TINT • \$55 LIP TREATMENT • \$15

Nail Services **GEI MANICURE**

Includes gel removal and nail prep for new gel polish 45 min • \$45

SEASONAL CEDAR MANICURE

Includes basic nail cleanup and sugar scrub. 45 min • \$65

SFASONAL CEDAR PEDICURE

Includes basic nail cleanup and sugar scrub. 50 min • \$75

ULTIMATE MANICURE

Includes steam towel treatment, hydrating mask, light massage and paraffin treatment. 60 min • \$75

ULTIMATE PEDICURE

Includes steam towel treatment, hydrating mask, light massage and paraffin treatment. 75 min • \$85

KID'S MINI MANICURE OR PEDICURE

(12 & under) • **\$25**

Manicure & Pedicure Enhancements

With enhancements, plan on spending a little more time with us.

PARAFFIN · \$12 **GEL POLISH · \$12** FRENCH TIP • \$10

GLITTER/NAIL ART (Per Nail) • \$5 GEL REMOVAL (Per Nail) • \$2 CBD HYDRATING/WARMING OIL • \$15 **CALLUS REMOVAL TREATMENT · \$12** ACRYLIC REMOVAL (Per Nail) • \$5

Waking EYEBROWS/CHIN/LIP/NOSE · \$16

FULL FACE (Lip, Chin, Eyebrows and Cheeks) • \$35 BRAZILIAN • \$79 ARMS • \$39 FULL LEG • \$59

Hair Length of hair will determine pricing.

WOMAN'S HAIRCUT & STYLE • \$35 MAN'S HAIRCUT & STYLE • \$20 CHILD'S HAIRCUT & STYLE (12 & under) • \$15 SHAMPOO & BLOWOUT • \$45 SPECIAL OCCASION STYLE/UP-DO • \$55 ALL-OVER COLOR (One Color Only) • \$65 FULL HIGHLIGHTS (One Color) • \$110 PARTIAL HIGHLIGHTS (15 Foils or Less) • \$70 HAIR/BANG/BEARD TRIM • \$16

ROOT TOUCH-UP • \$50 Must have had prior service done in the Cedar Spa to be considered for root touch-up.

HAIR MASK Hydrate, repair and rejuvenate hair. 45 min • \$40

SCALP TREATMENT 25 min • \$35

HOT AGAVE HAIR TREATMENT 25 min • \$30

Hair (cont.)

Please Call the Spa to Schedule the Following: BABYLIGHTS (One Color) BALAYAGE OMBRÉ DOUBLE PROCESS⁶ COLOR CORRECTION (Per 3 Hours)* PLATINUM CARD (Per Process)*

*A consultation is required before scheduling service.

Hair Enhancements

With enhancements, plan on spending a little more time with us.

TONER • \$25 GLOSS • \$35 SHAMPOO & CONDITION • \$10 TWO OR MORE COLORS • \$20

HAIR/BANG/BEARD TRIM • \$10 (Add-On to Service)

B3 TREATMENT • \$15 Add to any color service to help bring hair back to life with integrity and shine.

Add A Spa Lunch to Any Service • \$16