

Massages

SIGNATURE CEDAR MASSAGE

Slow and gentle Swedish massage using light to firm pressure to help relax your body.

55 min - Weekday **\$85** | Weekend **\$100**

85 min - Weekday **\$115** | Weekend **\$130**

115 min - Weekday **\$145** | Weekend **\$160**

DEEP-TISSUE MASSAGE

Customized to each guest's needs, this is a deep-pressure massage used to help with pain management including, but not limited to, helping ease chronic muscle pain, sciatica, fibromyalgia, muscle knots, etc.

55 min - Weekday **\$95** | Weekend **\$110**

85 min - Weekday **\$125** | Weekend **\$140**

MOTHER-TO-BE MASSAGE

Full-body massage specifically designed for mothers-to-be who are seeking comfort and relaxation during pregnancy.

55 min - Weekday **\$85** | Weekend **\$100**

ULTIMATE LAVA SHELL MASSAGE

Using traditional, relaxation strokes of a Swedish massage, our therapist uses polished tiger-clam shells from the Philippines for a warm, soothing experience.

75 min - Weekday **\$135** | Weekend **\$150**

SPORTS MASSAGE

Choose between a pre-sports or post-sports massage. Benefits include prevention of sports injuries, reduction of muscle fatigue, improvement of endurance and recovery of soreness after sporting events.

25 min - Weekday **\$40** | Weekend **\$55**

AROMA TOUCH MASSAGE

Very light/gentle massage using eight different essential oils and blends to help promote relaxation, stress relief and immune support, and to elevate mood.

55 min - Weekday **\$95** | Weekend **\$110**

COUPLE'S MASSAGE

Share the experience with your significant other by receiving a massage side-by-side in our Rose Quartz treatment room.

55 min - Weekday **\$165** | Weekend **\$180**

MASSAGE ADD-ONS

HOT OIL TREATMENT

Weekday **\$20**

ESSENTIAL OIL

Weekday **\$10**

Body Treatment

BODY WRAP OF THE SEASON

Weekday **\$80** | Weekend **\$95**

Facials

AGE-CORRECTIVE FACIAL

Brighten, tighten and refine with the most effective and delicious organic technologies. This treatment includes a refining and renewing treatment using Arctic plants and actives that will leave your skin glowing for days to come. The best organic, anti-aging ingredients are implemented to rewind time and leave your skin feeling and looking younger.

50 min - Weekday **\$80** | Weekend **\$95**

ADVANCED CLEAR SKIN FACIAL

Clear and balance the skin with this effective clearing and healing treatment. A gentle salicylic acid treatment is used to clear pores and refine skin while preventing breakouts in the future. Skin is then treated with an active clearing clay masque and rehydrated with a nourishing strawberry masque to heal and hydrate.

50 min - Weekday **\$70** | Weekend **\$85**

BRIGHT & HYDRATED

This treatment is effective at refining, brightening and leaving the skin nourished and hydrated. A delicious pumpkin enzyme will refine and brighten the skin.

Enjoy a relaxing facial massage and hydrating creamy masque to plump, refine and leave skin glowing.

50 min - Weekday **\$70** | Weekend **\$85**

Couple's Spa Packages

SIGNATURE HONEYMOON PACKAGE

Two Signature Cedar Massages with sugar scrub and steamed towel treatments, served with your choice of a bubbly beverage.

70 min - Weekday **\$200** | Weekend **\$215**

DELUXE HONEYMOON PACKAGE

Two Signature Cedar Massages and two Signature Cedar Manicures or Pedicures, served with a light lunch.

130 min - Weekday **\$250** | Weekend **\$265**

ULTIMATE HONEYMOON PACKAGE

Two Lava Shell Massages, 30-minute pedicures and 30-minute mini facials, served with a light lunch.

145 min - Weekday **\$300** | Weekend **\$315**

Single Spa Packages (for one person)

SIGNATURE CEDAR SPA PACKAGE

Signature Cedar Massage with 45-minute pedicure, served with your choice of a bubbly beverage.

100 min - Weekday **\$140** | Weekend **\$155**

CEDAR SPA SAMPLE PACKAGE

30-minute pedicure or manicure, 30-minute facial and 30-minute massage with hot oil treatment, served with your choice of a bubbly beverage.

110 min - Weekday **\$175** | Weekend **\$190**

ULTIMATE CEDAR SPA PACKAGE

Ultimate Lava Shell Massage and 50-minute facial with sugar scrub and steamed towels, served with your choice of a bubbly beverage.

125 min - Weekday **\$195** | Weekend **\$210**

Add a light spa lunch for \$16 (includes drink)

CEDAR

spa

Hours of Operation:

TUESDAY | BY APPOINTMENT ONLY

WEDNESDAY - FRIDAY | 11AM - 7PM

SATURDAY | 8AM - 6PM

SUNDAY | 8AM - 3PM

P: 208.238.4850

INSIDE THE



SHOSHONE-BANNOCK
CASINO HOTEL

Spa Arrival & Etiquette

We recommend that you arrive 15 minutes before your first scheduled appointment. All valuables should be locked in a locker. For the respect of all guest privacy, we ask that cellphones and other electronic devices be turned off. No children under 16 years of age are allowed past treatment area due to all guests' privacy.

Health Matters

Communication with your therapist is very important. Please inform us of any health conditions at the time of booking. You will be asked to fill out a medical history form upon arrival, so your spa professional can customize your experience to your needs.

Sauna

The Sauna at the Cedar Spa is complimentary to spa guests with a paid service. The Sauna is available to hotel guests and the general public for **\$15**.

Spa Attire

You will receive a robe and slippers to wear during your spa experience and a locker for your personal belongings. However, for your comfort, undergarments may be worn during treatments.

Deposits

All weekend appointments (Friday – Sunday) require a \$25 non-refundable deposit at time of booking, which applies toward the service scheduled.

Hair Services

All hair services list starting prices.

WOMAN'S HAIRCUT & STYLE

includes mini scalp massage, shampoo, condition, cut and style.
Weekday **\$35** | Weekend **\$50**

MAN'S HAIRCUT & STYLE

includes mini scalp massage, shampoo, cut and style.
Weekday **\$20** | Weekend **\$35**

CHILD'S HAIRCUT & STYLE

(12 & under)
Weekday **\$15** | Weekend **\$30**

SHAMPOO & BLOWOUT

Weekday **\$45** | Weekend **\$60**

ALL-OVER COLOR *(one color)*

Weekday **\$60** | Weekend **\$75**

ROOT TOUCHUP

Weekday **\$45** | Weekend **\$60**

SPECIAL OCCASION STYLE/UP-DO

Weekday **\$50** | Weekend **\$65**

SHAMPOO & CONDITION

Weekday **\$15** | Weekend **\$30**

Hair Services Cont.

COLOR CORRECTION

(consultation required before service)
Weekday **\$110** | Weekend **\$125**

DOUBLE PROCESS

Weekday **\$110** | Weekend **\$125**

FULL HIGHLIGHTS *(one color)*

Weekday **\$95** | Weekend **\$110**

PARTIAL HIGHLIGHTS

Weekday **\$75** | Weekend **\$90**

HYDRATION HAIR MASK

Weekday **\$35** | Weekend **\$50**

HOT OIL TREATMENT *(25 min)*

Weekday **\$35** | Weekend **\$50**

SCALP TREATMENT

Weekday **\$35** | Weekend **\$50**

HAIR ADD-ONS

EXTRA BATCH OF COLOR

Weekday **\$10**

TWO OR MORE COLORS *(per color)*

Weekday **\$15**

MEDIUM HAIR LENGTH

Weekday **\$15**

LONG HAIR LENGTH

Weekday **\$20**

HAIR TRIM/BANGS

Weekday **\$15**

Waxing

EYEBROWS

Weekday **\$15** | Weekend **\$30**

LIP

Weekday **\$15** | Weekend **\$30**

CHIN

Weekday **\$15** | Weekend **\$30**

FULL FACE *(eyebrows, chin, lip)*

Weekday **\$30** | Weekend **\$45**

NOSE

Weekday **\$15** | Weekend **\$30**

FULL LEG

Weekday **\$45** | Weekend **\$60**

Nail Services

GEL MANICURE

includes gel removal and nail prep for gel polish.
45-50 min – Weekday **\$40** | Weekend **\$55**

SIGNATURE CEDAR MANICURE OR PEDICURE

includes basic nail cleanup and polish with light massage.
45 min – Weekday **\$50** | Weekend **\$65**

ULTIMATE LAVA MANICURE

includes basic nail cleanup with sugar scrub, hydration mask, steam towel treatment, Lava Stone Massage and paraffin treatment.
65 min – Weekday **\$70** | Weekend **\$85**

ULTIMATE LAVA PEDICURE

includes basic nail cleanup with sugar scrub, hydration mask, steam towel treatment, Lava Stone Massage and paraffin treatment.
75 min – Weekday **\$80** | Weekend **\$95**

KID'S MINI MANI OR PEDI (12 & under)

25 min – Weekday **\$20** | Weekend **\$35**

ACRYLIC NAILS

Weekday **\$45** | Weekend **\$60**

ACRYLIC FILL & POLISH CHANGE

Weekday **\$40** | Weekend **\$55**

ACRYLIC REMOVAL

Weekday **\$35** | Weekend **\$50**

NAIL ADD-ONS

PARAFFIN

Weekday **\$15**

GLITTER/NAIL ART/FRENCH TIPS

Weekday **\$5**

GEL POLISH

Weekday **\$15**

GEL REMOVAL

Weekday **\$15**